

KIT ICE KNEE

Patient Application Instructions

BEFORE USING THE DEVICE, PLEASE READ THE **INSTRUCTIONS FOR USE** COMPLETELY AND CAREFULLY.
CORRECT APPLICATION IS VITAL TO THE PROPER FUNCTIONING OF THE DEVICE.

APPLICATION INSTRUCTIONS:



1. Separate the different elements. Insert the cold packs into the freezer bag, then place the whole set in the freezer.



2. After freezing for at least 4 hours (between -12°C and -20°C), take out the cold packs and redistribute the gel if necessary.



3. Place the posterior cold pack on a flat surface.



4. Put on the Lycra skin protective fabric/sleeve and position the leg to center the kneecap on the posterior cold pack.



5. Place the anterior cold pack on the knee. The valve should be on the thigh.



6. Attach the lateral straps of the posterior pack to the anterior pack.



7. From now on, the leg should remain extended, if possible, with the ankle above the knee (Place a cushion under the ankle).



8. Set the valve to ON and screw on the pump. Inflate (do not exceed 10 pumps). Set the valve to OFF and unscrew the pump.



9. After 20 minutes, set the valve to ON and undo the straps. Wipe dry and put the cold pack in the freezer bag and store in the freezer.

INTENDED USE / INDICATIONS:

Post-operative care for knee surgery, sports trauma such as sprains tears and rehabilitation. The cold therapy may help provide analgesic and anti-haemorrhagic effects and reduce edema.

WARNINGS AND PRECAUTIONS:

- This medical device must be used according to the medical prescription of your doctor or according to the recommendations for use of your duly authorized health professional (pharmacist, physiotherapist, orthotist, etc.).
- Cold pack should never be in direct contact with the scar or skin. Systematically use the skin protective fabric/sleeve supplied.
- Cold pack should be soft and frost free before use.
- Do not heat or warm cold pack.
- Respect the number of pumps indicated to inflate the pack. If tingling occurs in the limb, remove and deflate the pack immediately.
- In the event of pain, swelling, unusual sensations, inflammatory or allergic reaction, immediately stop using the medical device and consult your authorized healthcare professional as soon as possible (pharmacist, physiotherapist, orthotist, etc.).
- Do not use this device if it is damaged and/or the packaging has been opened.

CLEANING INSTRUCTIONS:

The Lycra is hand washable with mild soap.

INTENDED FOR SINGLE PATIENT USE

NOT MADE WITH NATURAL RUBBER LATEX

ORDERING INFORMATION

PART NUMBER	DESCRIPTION
82-0164	Kit Ice Knee

NOTICE: While every effort has been made in state-of-the-art techniques to obtain the maximum compatibility of function, strength, durability and comfort, there is no guarantee that injury will be prevented through the use of this product.

enovis[™]

Creating Better Together[™]

enovis-medtech.eu

2000 Cathedral Square, Cathedral Hill, Guildford, Surrey, GU2 7YL, UNITED KINGDOM

Individual results may vary. Neither Enovis, DJO, LLC or any of their subsidiaries dispense medical advice. The contents of this document do not constitute medical, legal, or any other type of professional advice. Rather, please consult your healthcare professional for information on the courses of treatment, if any, which may be appropriate for you.